



body essence®
day spa

*The ultimate
experience in
wellbeing*





FACIALS

SKIN CONSULTATION : 15mins : \$40

Body Essence provides this service free of charge with a facial booking to achieve the best results for your skin regardless of your age. Our experienced therapists will prescribe your skin care regime and advise on better skin management.

GUINOT FACIALS

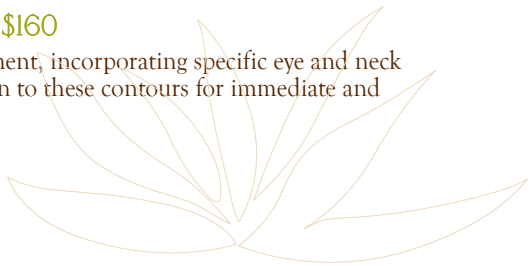
FOCUSED ON EFFICACY AND REAL RESULTS, ALL FACE TREATMENTS
STEM FROM ADVANCED TECHNOLOGY AND ARE ENHANCED
CONTINUOUSLY WITH RESEARCH AND DEVELOPMENT, GUARANTEEING
METHODS AND FORMULAS THAT ARE AT THE LEADING EDGE.

HYDRADERMIE FACIAL : 70mins : \$140

A deep cleansing, exfoliating and hydrating facial that applies 2 micro-currents, to infuse plant based products into the skin, increase micro circulation along with a relaxing facial massage to heal and oxygenate the skin.

HYDRADERMIE PLUS : 90mins : \$160

Upgrading to the Hydradermie Plus treatment, incorporating specific eye and neck serums and gels we pay individual attention to these contours for immediate and long lasting results.



LIFTOSOME FACIAL : 60mins : \$140

This rejuvenating and lifting treatment is totally dedicated to the firmness and youthfulness of the skin. The pro-collagen serum under the warming thermal-lift mask with Vitamin C is infused into the skin. Visibly reducing lines and wrinkles and stimulates the collagen and elastin fibres.

HYDRALIFT : 70mins : \$150

This new generation treatment uses micro-currents specifically designed to motivate muscle action to firm, lymphatically drain, detox, tone the facial contours and work on micro-circulation.

HYDRALIFT EYE TREATMENT : 40MINS : \$90

Specifically designed to intensively treat the eye contour to lift, firm and minimize lines

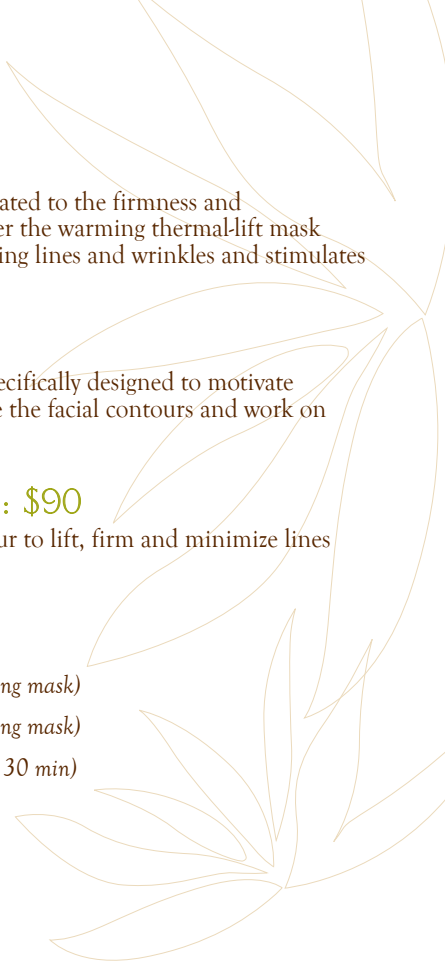
✿ add on to Hydradermie Facial \$45

FACIAL BLISS BOOSTERS

✿ Eyebrow Wax/ Eye Lash Tint \$20 (*during mask*)

✿ File & Standard Nail Polish \$25 (*during mask*)

✿ Relaxing Back or Foot & Leg Massage \$45 (*add 30 min*)



NIMUE DERMA- COSMECEUTICAL FACIALS

NIMUE DELIVERS OPTIMAL CONCENTRATIONS OF PHARMACEUTICAL GRADE NUTRIENTS, CUTTING EDGE ANTIOXIDANTS, SUPERIOR QUALITY PHYTOCEUTICALS, PEPTIDES AND OTHER POWERFUL ACTIVE INGREDIENTS WHERE THEY ARE NEEDED MOST - BELOW THE SKIN'S SURFACE TO ACTIVELY IMPROVE SKIN HEALTH AND APPEARANCE.

ADVANCED REJUVENATION FACIAL : 45-60 mins : FROM \$125

A deep exfoliation facial using fruit enzymes, hydroxy acids and two layers 7.5% TCA (chemical peel), resulting in a radiant, smoother skin texture, diminishing fine lines, reducing surface imperfections, sun damage, lightening of pigmentation, and blemishes. Prior glycolic homecare imperative for 2-4 weeks prior to this facial.

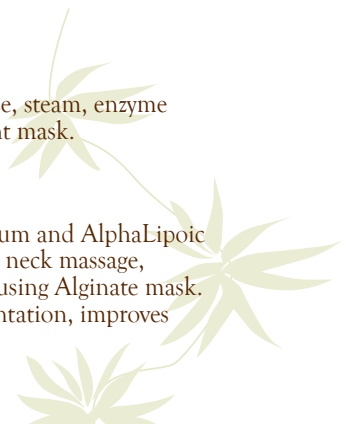
✿ Additional TCA layers \$20 each

DEEP CLEANSE : 45mins : \$100

Deep cleansing with effective results. Incorporates double cleanse, steam, enzyme exfoliation, AHA exfoliation, extractions and purifying treatment mask.

REJUVENATING FACIAL : 70mins : \$160

A customized results facial using Ascorbic Acid or DMAE, Silicium and AlphaLipoic Acid. Includes a double cleanse, conditioner, luxurious face and neck massage, enzyme exfoliation with steam, treatment ampoule and deep infusing Alginate mask. Reduces the appearance of fine lines and wrinkles, hyper pigmentation, improves elasticity and creates a more youthful appearance.



HYDRATING BOOSTER FACIAL : 60mins : \$150

Hyaluronic Acid is the most abundant glycosaminoglycan found in the skin. Nimue has combined 3 plant derived hyaluronic acids with a peptide complex to deeply moisturize, hydrate, repair and oxygenate the skin. An instant results facial.

FACIAL BOOSTERS

- ✿ New technology Hyaluronic Acid Gel: 10 min : Add \$45
- ✿ Bio-Active AHA Peel : 10 min : Add \$20

SPA GIFT CERTIFICATES

Whatever the occasion, the ideal gift is just a phone call away. Our beautifully presented Gift Certificates can be purchased for any treatment with a direct delivery service offered as an optional extra. We will happily arrange for flowers as well!



SIGNATURE PACKAGES

INDULGENCE HEALS. SO WE HAVE CREATED PERFECTLY
SUMPTUOUS RITUALS TO BRING BALANCE AND
RELAXATION - A COMPLETE SOULISTIC EXPERIENCE.

BODY ESSENCE BLISS : 3.5HRS : \$375

The ultimate relaxation! Commence with our Exotic Lime & Ginger Salt Scrub to detox, than drift away with a restorative one hour massage. Relax with our Classic Facial to restore radiant glowing skin and finish with a Maintenance Pedicure.

BODY ESSENCE RADIANCE : 2HRS : \$230

Restore inner radiance. A tension releasing Back Massage, followed by a blissfully relaxing Classic Facial to reveal clean, hydrated skin. To complete - a Toes on the Go or Busy Hands.

BODY ESSENCE RELAX : 2.5HRS : \$250

Relax and Unwind! Our Jojoba Body Polish softens and exfoliates the skin in preparation for a relaxing massage using pure Jojoba Oil, followed by a hydrating and nourishing Jojoba Wrap. While wrapped deepen your relaxation with a luxurious scalp and hair treatment.

BODY ESSENCE COUPLES : 2HRS : \$420 combined

For that special time out together! Your journey begins with balancing foot bath and full body Lime & Ginger salt exfoliation to detox, while cocooned drift away with a de-stress scalp massage. To complete choose from a one hour Deep Tissue, Aroma Relax or Hot Stone Massage and finish with a glass of champagne and chocolates.

MASSAGE THERAPY

RELAX, UNWIND AND LET THE POWER OF POSITIVE
TOUCH BRING YOU CLARITY AND BALANCE.

AROMA RELAX MASSAGE : 60mins \$99 : 90mins \$140

A relaxing massage using beautiful essential oil blends to de-stress.

DEEP TISSUE MASSAGE : 60mins \$99 : 90mins \$140

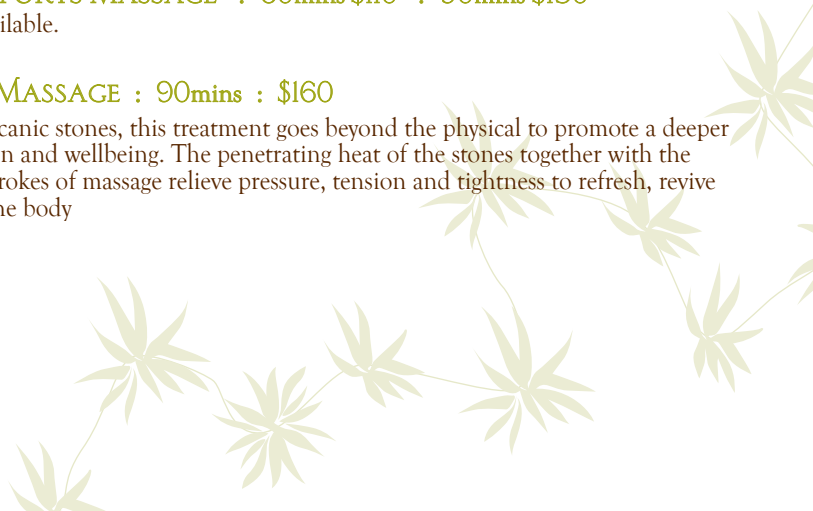
A customised massage using a variety of techniques to release muscle tension.

REMEDIAL/ SPORTS MASSAGE : 60mins \$110 : 90mins \$150

Some rebates available.

HOT STONE MASSAGE : 90mins : \$160

Using heated volcanic stones, this treatment goes beyond the physical to promote a deeper sense of relaxation and wellbeing. The penetrating heat of the stones together with the firm, rhythmic strokes of massage relieve pressure, tension and tightness to refresh, revive and re-energise the body



ESSENTIAL WAXING, BROWS & TINTING

Eyebrow wax	\$25	Initial Brazilian	\$70
Leg waxing available from	\$38	4-weekly Brazilian	\$60
Arm and hand	\$40	Hollywood	\$85
Underarm	\$20	Lashtint	\$25
Bikini	\$30	Browtint	\$15
G-string (inner thigh + standard bik)	\$45	Lashtint, brow wax and tint	\$58

Ultimate Spa-Therapy Gift

YEARLY SPA MEMBER

Special price \$1400

(Saving of \$280) The gift that gives all year!

Each month (12 months) you can choose one of the following:

- ✿ 90 min Aroma-Relax;
- ✿ Deep Tissue Massage; or
- ✿ Hydradermie or Liftosome Facial.

Please call us if you'd like more information.



BODY THERAPY

DETOX LIME AND GINGER SALT SCRUB : 45mins : \$90

A sublime scrub guaranteed to awaken your senses! Detoxifies and leaves the skin silky soft.

✿ Add one hour aroma-relax or deep tissue massage : 90mins : \$175

AUSTRALIAN JOJOBO BODY POLISH : 45mins : \$90

Jojoba is a natural antibiotic, full of anti-oxidants. Your skin will love you for it!

✿ Add one hour aroma-relax or deep tissue massage: 90mins : \$175

EXOTIC BALINESE RITUAL : 90mins : \$175

A gorgeous coconut body exfoliation followed by a deeply nourishing Milk Body Wrap. Whilst cocooned deeply relax with a scalp and hair treatment. Finish with a heavenly organic Coconut Oil relaxation Massage. This exotic therapy provides the ultimate radiance!

DETOX BODY WRAP : 60mins : \$150

This deeply detoxifying warm seaweed body wrap combines dry body brushing with the riches of sea plants, marine algae and essential oils. With your body wrapped up, relax with a pressure point facial massage. After a warm shower a rich botanical cream is applied leaving your skin silky soft, smooth and refreshed.

✿ Add one hour aroma-relax or deep tissue massage: 2hrs : \$225

SIGNATURE HOT STONE RETREAT : 2hrs 15mins : \$280

This grounding and nurturing experience begins with our gorgeous Jojoba full body exfoliation to slough away dead skin cells and encourage circulation. After a relaxing shower a soothing hot stone massage instantly relaxes the body & mind. Finish with a refreshing mini facial. A complete restorative experience!

FEET & HANDS

MAINTENANCE PEDICURE : 60mins : \$80

Foot Soak - Sole File - Nail and Cuticle Tidy - Soothing Jojoba Foot & Leg Massage - Standard Nail Polish Application.

SPA PEDICURE : 75mins : \$100

According to the Veda's, feet are the centre of our energy flow channels to all body organs. Incorporates a Salt Footbath, Jojoba Polish, Nail & Cuticle Tidy, Buff, Sole File, Luxurious Foot & Leg Massage, Mask & standard polish add the finishing touches.

TOES ON THE GO : 30mins : \$49

Foot Compress - Nail and Cuticle Tidy - Standard Nail Polish application.

MAINTENANCE MANICURE : 45mins : \$70

Hand Compress - Nail & Cuticle Tidy - Relaxing Jojoba Massage - Standard Nail Polish application.

SPA MANICURE : 60mins : \$90

Transform your hands from the practical to the beautiful with a gentle exfoliation and hot towel compress including a mask rich in minerals and vitamins to soothe, repair and strengthen the nails and hands. File, cuticle work, buff and standard polish complete the experience.

BUSY HANDS : 30mins : \$49

Hand Compress - Nail and Cuticle Tidy - Standard Nail Polish application.

FRENCH POLISH : ADD ON 15mins : \$25

FOR YOUR INFORMATION

GROUP AND CORPORATE BOOKINGS

Celebrations and staff days are perfect opportunities to enjoy time together. We will be delighted to help you organize a wonderful spa experience to suit your requirements. A 50% deposit applies to all bookings.

SPA ETIQUETTE

PUNCTUALITY Arriving late will unfortunately limit the time of your treatment. Plan your special time out and ensure you arrive 10 minutes prior to your appointment so that you can enjoy the full benefits. Late arrival and or rescheduling will incur full cost of treatment booked.

CANCELLATION POLICY We understand that sometimes you may need to change your schedule, but we ask that you give us 24 hours notice. A cancellation within 24 hours of your appointment will incur a 50% charge of the treatment(s) booked and a No-Show will incur 100% charge. Packages and gift vouchers are non-refundable, and non-transferable and will become obsolete.

REFUND POLICY All treatments, spa packages, gift vouchers and products purchased are non-refundable and non-transferable.

YEARLY SPA MEMBERSHIPS For complete wellness and relaxation we recommend you choose from one of our elite spa memberships to suit your needs. Our promise is to deliver a memorable spa experience with each visit, making it the most perfect gift to yourself or those you cherish most.

DISCLAIMER The management accepts no responsibility for any loss or damage of personal possessions of any kind brought into the spa.

PRICING Prices listed herein include GST and are current as of 1/5/10 and are subject to change without notice.

PARKING Parking is available to our clients at the back of the building, simply turn into Terrace St, and use second car park.

SPECIAL HEALTH CONSIDERATIONS AND ALLERGIES If you are under the supervision of a doctor or are using any medications, please obtain permission from your doctor before scheduling/receiving any services. It is your responsibility to inform persons performing services/treatments of any medical condition or physical limitations you have (including but not limited to: heart disease, diabetes, high blood pressure, recent injury, accident or surgery, sensitivities, allergies, skin conditions or pregnancy).



body essence®

day spa

body essence day spa new farm

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www.bodyessencedayspa.com.au



new farm opening hours

Monday	9am – 5pm
Tuesday	9am – 8pm
Wednesday	9am – 8pm
Thursday	9am – 8pm
Friday	9am – 6pm
Saturday	8.30am – 5pm
Sunday	by appointment

